

Project Name	Project background	Volunteer activities
<p><b>1. Helping disadvantaged children (Slum Dwelling children, Children working as laborers and rag-picking kids).</b></p>	<p>Population explosion is feared to be one of the biggest challenges as India struggles to provide care and education to a growing number of children being born in underprivileged situations making them vulnerable to a variety of ills like malnutrition, illiteracy, abuse and neglect. The key to development is to nurture the upcoming generation with good care &amp; education. It not only translates them into valuable human resources but also insures peace, social justice and equality into society.</p> <p>In recent years, the literacy rate has increased significantly but still ensuring quality in education, tackling the problem of malnutrition and high mortality rates among children are key concern for government and other institutions who are striving for the betterment in these areas.</p> <p>In Jaipur district itself the total literacy is 82.80 percent whereas the literacy rate among girl child is merely 55.52 percent. Thus focusing girl's education is of utmost need. According to state government statistics per thousand 65 children cannot complete their 3 years of their birth anniversary; majority of them are girls.</p> <p>The various projects being supported by volunteers aim to create opportunities where children from the fringes of society can have equal opportunity to grow. The projects are working with a variety of such groups such as:</p>	<p>Volunteers' assistance is crucial due to an utter lack of resources and to eliminate the apathy that surrounds issues of voiceless children.</p> <p><b><u>Important note about volunteer activities:</u></b> Some of the following activities will engage volunteers on a day to day basis. Please note and inform potential participants that they may be engaged in just one activity for the entire duration of their presence at the project. If the opportunity arises, they may be assigned additional work responsibilities in the project. Volunteers should be informed that they may not be able to get involved in all the activities listed below.</p> <ul style="list-style-type: none"> <li>- Identifying non school going children, running bridge course to prepare them for schooling</li> <li>- Teaching English, computer and general arithmetic in the required project areas</li> <li>- Family visit for creating awareness about importance of education, health hazards during rag picking and child labour</li> <li>- Organizing inspirational film shows &amp; documentaries on various social issues related to children</li> <li>- Indoor and outdoor sports activities for making children more creative and vivacious</li> </ul>

	<ul style="list-style-type: none"> <li>• Overall development of street children regarding their education, health and social awareness</li> <li>• Rescue, rehabilitation and education of the rescued child labours</li> <li>• Working for education &amp; health of rag picking children's</li> <li>• Providing quality child care in slums with special focus on girl child</li> <li>• Teaching / supporting in primary schools of poor areas that lack facilities.</li> </ul>	<ul style="list-style-type: none"> <li>- Organizing various campaigns for child rights</li> <li>- Preparation of paintings, posters, information charts and other materials that help in creative learning</li> <li>- Organizing picnic, excursion, child fair, zoo visit etc.</li> </ul>
<p>2. <b>Child care and preprimary education (in slum areas)</b></p>	<p>Population explosion is feared to be one of the biggest challenges as India struggles to provide care and education to a growing number of children being born in underprivileged situations making them vulnerable to a variety of ills like malnutrition, illiteracy, abuse and neglect. The key to development is to nurture the upcoming generation with good care &amp; education. It not only translates them into valuable human resources but also insures peace, social justice and equality into society.</p> <p>In recent years, the literacy rate has increased significantly but still ensuring quality in education, tackling the problem of malnutrition and high mortality rates among children are key concern for government and other institutions who are striving for the betterment in these areas.</p> <p>In Jaipur district itself the total literacy is 82.80 percent whereas the literacy rate among girl child is merely 55.52 percent. Thus focusing girl's education is of utmost need. According to state government statistics per thousand 65</p>	<p><b><u>Important note about volunteer activities:</u></b> Some of the following activities will engage volunteers on a day to day basis. Please note and inform potential participants that they may be engaged in just one activity for the entire duration of their presence at the project that volunteers. If the opportunity arises, they may be assigned additional work responsibilities in the project. Volunteers should be informed that they may not be able to get involved in all the activities listed below.</p> <ul style="list-style-type: none"> <li>- Day to day care of underprivileged children aged below 5 years at special centers opened for poor and weaker section of society (Balwadi)</li> <li>- Beautification of Balwadi (special Child care centers), schools and other social gathering places</li> <li>- Monitoring of Infant Mortality Rate, growth</li> </ul>

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<p><b>3. Women empowerment (Through education, vocational training &amp;</b></p>	<p>The current population of Jaipur city is 3.5 Million and is expected to touch 4.2 million by the year 2011. Out of these the two third of population constitutes the slum dwellers, urban poor and lower middle class families. The condition of women this vast majority of the population is deplorable despite rapid advancements made by women in the higher segments of the more affluent sections of the society.</p> <p>Despite of increasing school enrollment and improvement of literacy among women, a conservative and male dominated society has restrained their development and empowerment.</p>	<p>Volunteers in the women's projects will find themselves help alleviate some of the most acutely needy women being sheltered by the projects. The activities will bring the volunteers in a daily contact with women which will allow the volunteers to directly and positively influence the lives of the women in the longer run. The day to day interaction is also going to create lifelong memories and sensitivity amongst the participants towards plight of women that are discriminated against due to societal norms.</p>

<p><b>confidence building activities)</b></p>	<p>In these circumstances there are some easily identifiable special group of women that need special care and support such as :</p> <ul style="list-style-type: none"> <li>❖ Slum dwelling or daily laboring women and adolescent girls deprived of any literacy, health awareness of vocational skills</li> <li>❖ victims of domestic violence</li> <li>❖ Orphaned adolescent girls that are vulnerable due to societal norms</li> <li>❖ Women self help groups</li> </ul> <p>A number of projects that are being supported by IDEX volunteers in the city of Jaipur. These projects range from large, long established but under-supported institutions to information small scale women empowerment initiatives. Overall, however, the objectives of the projects' activities can be summarized as –</p> <ul style="list-style-type: none"> <li>• Counseling</li> <li>• Vocational skill development</li> <li>• Capacity building for their personal development</li> <li>• Activities for self confidence &amp; self steam development</li> <li>• Health awareness programs for promoting safe motherhood, health care &amp; hygiene</li> </ul>	<p><b><u>Important note about volunteer activities:</u></b> Some of the following activities will engage volunteers on a day to day basis. Please note and inform potential participants that they may be engaged in just one activity for the entire duration of their presence at the project that volunteers. If the opportunity arises, they may be assigned additional work responsibilities in the project. Volunteers should be informed that they may not be able to get involved in all the activities listed below.</p> <ul style="list-style-type: none"> <li>- Teaching conversational English, computer and general arithmetic for their day to day use</li> <li>- Family visits of women or adolescent girls for raising awareness</li> <li>- Care and preparation of case studies for women that have been victims of domestic violence or abandonment by their families</li> <li>- Morale boosting of women through fun activities, creative workshops or vocational training.</li> <li>- Imparting basic life skills specially for orphan adolescents</li> <li>- Take part in Rallies, poster &amp; play cards preparation, handbill distribution related to various women issues</li> <li>- Female volunteers will be immensely helpful in imparting knowledge of family planning and sexual health as these issues are considered taboo in the conservative Indian society.</li> <li>- Help create awareness amongst women about</li> </ul>
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<p><b>4. Environmental awareness Projects</b></p>	<p>The current population of Jaipur city is 3.5 million and is expected to reach 4.2 million by the year 2011. Two thirds of Jaipur's population constitutes the slum dwellers, urban poor and lower middle class families.</p> <p>A growing population has put a severe strain on the natural resources and environment of the city and its people. Short sighted approaches by policy makers and a general lack of awareness of the local people are causing poor and unsustainable environmental and health conditions that threaten the livelihood of Jaipur's population.</p> <p>Due to rapid urbanization more and more land is being deforested, ground water is becoming scarce and polluted, and public health is now endangered because of irresponsible use of plastic and industries. These types of behaviors, influenced by a general lack of public awareness, are causing great harm to the overall environment.</p> <p>A number of small scale initiatives supported by the government and local NGOs are trying to control and reverse the ill-effects of this unregulated development, striving to strike a balance between the realities of modern India and the necessary protection of the environment.</p>	<p>Volunteers in the environmental projects will find themselves involved in a variety of activities ranging from research and documentation of various environmental issues to awareness building amongst communities and hands-on work in setting infrastructure for model environmental practices.</p> <p><b><u>Important note about volunteer activities:</u></b> Some of the following activities will engage volunteers on a day to day basis. Please note and inform potential participants that they may be engaged in just one activity for the entire duration of their presence at the project that volunteers. If the opportunity arises, they may be assigned additional work responsibilities in the project. Volunteers should be informed that they may not be able to get involved in all the activities listed below.</p> <ul style="list-style-type: none"> <li>- Working with the projects for better research and documentation of environmental issues of the targeted areas.</li> <li>- Working with local educational and government institutions to organize awareness campaigns amongst community members.</li> <li>- Tree plantation in targeted areas with local people using a sustainable model</li> </ul>

		<ul style="list-style-type: none"> <li>- Set up “model families” highlighting areas of waste management and water conservation</li> <li>- Team up with local children for garbage disposal and build awareness on appropriate use and disposal of plastic.</li> <li>- Campaign work with local industries and business establishments about environmentally responsible practices.</li> <li>- Work with the community for building waste disposal infrastructure and promote its usage.</li> <li>- Build and maintain water conservation facilities.</li> </ul>
<p>5. <b>HIV AIDS</b> <b>patient care and assistance work</b></p>	<p>HIV/AIDS has become the “termite” of all developing societies around the world, silently eating away at the base of the society's foundation, leaving 8 week and hollow.</p> <p>Even though massive efforts are being made in India to contain the spread of the virus, the scale of the challenge leaves a lot desired and therefore making assistance of organisations and individuals working to fight the virus, of critical need.</p>	<p>The <b><u>main responsibility of the volunteers will be to shadow the medical practitioners</u></b> that assist HIV/AIDS afflicted individuals with diagnosis, and day to day care. Due to the great social taboo associated with HIV/AIDS, the participants are required to have a very high level of integrity when it comes to patient information. The participants would therefore not always be able to work directly with the patients for long periods of time and would mainly be assisting the selfless medical practitioners that spare the time to help these persons in need.</p> <p><b><u>Important note about volunteer activities:</u></b> Some of the following activities will engage volunteers on a day to day basis. Please note and inform potential participants that they may be engaged in just one activity for the entire duration of their presence at the project that volunteers. If the opportunity arises, they may be assigned</p>

		<p>additional work responsibilities in the project. Volunteers should be informed that they may not be able to get involved in all the activities listed below.</p> <ul style="list-style-type: none"> <li>- joining project workers for community outreach</li> <li>- doing administrative work at the HIV centre</li> <li>- Assisting patients with retroviral treatment.</li> </ul>
<p>6. <b>Orphanage Assistance</b></p>	<p>Volunteers are required at a few orphan homes that are in need of hands-on assistance for easing the workload of their local workers. Volunteers will conduct a number of educational, recreational and physical health activities for the emotional and physical well-being of the children. They will also provide much-needed care and affection to the children.</p>	<p><b><u>Important note about volunteer activities:</u></b> Some of the following activities will engage volunteers on a day to day basis. Please note and inform potential participants that they may be engaged in just one activity for the entire duration of their presence at the project that volunteers. If the opportunity arises, they may be assigned additional work responsibilities in the project. Volunteers should be informed that they may not be able to get involved in all the activities listed below.</p> <ul style="list-style-type: none"> <li>- Helping children with homework</li> <li>- Conversational and written English teaching</li> <li>- Computer training</li> <li>- Helping slower learning children</li> </ul>
<p>7. <b>Health and hygiene awareness and</b></p>	<p>On average, a poor Indian spends about 30% of his income on treating diseases that arise from poor hygiene in his surroundings. Spreading awareness about common and simple practices of good health and hygiene is</p>	<p><b><u>Important note about volunteer activities:</u></b> Some of the following activities will engage volunteers on a day to day basis. Please note and inform potential participants that they may be engaged in just one</p>

<p><b>education work</b></p>	<p>therefore critical for the long term well-being of any community, and especially its children.</p> <p>With this very important purpose in mind, volunteers are required to conduct a number of activities for spreading awareness in poor sections of the society.</p>	<p>activity for the entire duration of their presence at the project that volunteers. If the opportunity arises, they may be assigned additional work responsibilities in the project. Volunteers should be informed that they may not be able to get involved in all the activities listed below.</p> <ul style="list-style-type: none"> <li>- Conducting surveys of various slum dwelling/poor communities in the city of Jaipur to assess hygiene related practices.</li> <li>- Take on specific door to door awareness building activities in the community.</li> <li>- Campaigning with local authorities for better collection and disposal of waste from community collection points.</li> <li>- Educating children in schools about hygienic practices to form good habits for them, early in life.</li> <li>- Organising community fairs for the purpose of spreading awareness about prevention and treatment of hygiene related diseases.</li> <li>- Team up with local children for garbage disposal and build awareness on appropriate use and disposal of plastic.</li> </ul>
<p><b>8. Working with Special needs children (Mentally and physically)</b></p>	<p>As human beings, the mentally and physically challenged children also have the same right to live with dignity in the society. Lack of awareness, poverty, limited resource and most importantly apathy are leading to neglect of these groups of population leading to shortfall in education and care possibilities.</p> <p>Due to these, they have very limited access to special</p>	<p>Even to give attention, provide care and show affection to such often neglected children has the potential of making significant difference to their morale and sense of self worth. Besides these obvious activities, volunteers can help the projects immensely by carrying out following activities in an enthusiastic and sensitive manner. Even though activities differ as per the disabilities of the children, some common activities</p>

<p><b>challenged kids)</b></p>	<p>education and good taking care facilities. The city of Jaipur is struggling to care for its differently able population where, according to statistics, there are 78812 persons with vision disability, 7053 persons with speech disability, 5136 persons with hearing disability and 10693 persons with mental disability.</p> <p>Only a handful of govt. institutions and a few well-intentioned but resource poor NGOs are running special schools and vocational centers for these differently able people. The objective of the projects working with these groups is to educate and empower them so that they can live in society with dignity and independence.</p> <p>Such groups comprise of people that , for one disability or another are unable to utilize their potential :</p> <ul style="list-style-type: none"> <li>• Mentally challenged children</li> <li>• Children with vision disability</li> <li>• Children with hearing &amp; speech impairment</li> </ul>	<p>that volunteers can carry out are</p> <ul style="list-style-type: none"> <li>• Teaching English, general arithmetic to those who are able to learn</li> <li>• Preparation of teaching learning materials according to the children's special needs</li> <li>• Family visits for creating greater sensitivity and greater interest amongst parents for the education of their children.</li> <li>• Counseling for their confidence building</li> <li>• Help in organizing picnics, excursion and other educational visits</li> <li>• Help in organizing health check up</li> <li>• Help in organizing various indoor and outdoor games of which they capable of</li> <li>• Identifying their area of interest and helping them in improving skill</li> <li>• Morale boosting of teachers through cooperation and appreciation.</li> <li>• Specially educated volunteers can carry out improvements in the curriculum in cooperation with the teachers.</li> <li>• Training of music, paintings and other fine arts to which they are capable of</li> <li>• Training of vocational skill like weaving, carpentry etc.</li> <li>• Preparation of individual case studies for maintaining records of their progress</li> <li>• Help in celebration birthday and other social occasions for them so that they never feel that they are lacking something in comparison to normal children</li> </ul>
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